



Movement Medicine Programme Lead

Job summary

Job title: Movement Medicine Programme Lead

Salary: £ 33,000 pa (pro rated) (FTE £55,000 pa)

Contract: 3 days per week, two year fixed term contract (subject to review at the 6 month and 1 year mark) - dependent on funding.

Location: Hybrid working. We require everyone to work from our North London office, a minimum two days a week (or two times a month if commuting from outside London) because building in-person relationships and collaborative working is important to us.

Responsible to: Executive Co-director

Benefits:

- 4% Pension contribution
- Individual pastoral care budget
- Individual professional development budget
- Enhanced annual leave provisions beyond the statutory minimum including a winter break
- Birthday leave and present
- Regular staff training on somatics, trauma and resilience
- Paid membership to Health Shield (Providing 24/7 health/wellbeing support services and benefits, discounts, and deals with thousands of brands).
- Free office refreshments
- Season ticket loan
- Enhanced parental leave pay

Key dates:

Application closing date: 15th April

Interview date: First two weeks of May

Start date: ASAP



About the role

Healing Justice Ldn is a small, women of colour led organisation, which builds community-led health and healing to create capacity for personal and structural transformation. HJL cultivates embodied competencies, political analysis and creative capacities within movements and communities stewarding life affirming infrastructures for community centred health. Our vision is a world with abundant, accessible community health and healing.

Healing Justice Ldn's Movement Medicine programme is working to grow the capacities, skills and resources of grassroots movements, community health providers and those at the frontlines to become sustainable and adaptive in current contexts. We are establishing a dedicated community of practitioners, trained in politicised somatics and abolition, to deliver embodied transformation support to movements throughout the UK within the next 10 years. We understand movements in their fullest expressions to include participation from grassroots organisers and informal community groups to frontline service providers and formal community-interest or charitable organisations. In offering a container for this work, HJL is supporting long-term relational infrastructure.

The Movement Medicine Programme Lead will be responsible for coordinating and developing the programme, designing and delivering training with partners, supporting practitioner development and shaping HJL's resources for the ecosystem. The role will require generating learning and narratives on health and healing justice within our organisation and beyond. The role will primarily focus on developing and implementing our politicised somatic strategy across the UK, followed by how this intersects with other aspects of healing justice's vision.

We are looking for someone with interdisciplinary skills, strong management, coordination and training skills, with an understanding of politicised somatics and a commitment to growing and networking movements and communities. You will be an experienced coordinator, facilitator and builder, able to bring together people and ideas and produce resources for and to influence a variety of audiences. We're looking for someone who is comfortable holding space and leadership responsibilities while also being able (and willing) to be accountable for project management and administering the programme. Ideally, the Movement Medicine programme Lead will be someone who has a somatics practice and familiarity with politicised somatics.



Main tasks and responsibilities:

- Support the strategic development and delivery of Healing Justice London's politicised somatics Movement Medicine programme.
- Project manage the training programme and development of a practitioner cohort, including budgets, staffing, logistics and administration.
- Identify and nurture relationships with external stakeholders, including practitioners, donors, funders, partners, sector peers, trainees and communities.
- Support the development of curricula and resources on politicised somatics and other modalities based on best practices around somatics and developments in the healing and health fields.
- Collect, analyse and draw from the experiences in Movement Medicine to support development of analysis, further training and public narratives on health and healing.
- Support project reporting and monitoring for funders and partners and internal evaluation of research activity and impact.
- Together with the Leadership Team collectively build organisational infrastructure, processes and systems.
- Support the Leadership Team with fundraising strategy and activities.
- Plan and deliver activities and events for the Movement Medicine programme.
- Support the communications around Movement Medicine (and to those involved) by drafting descriptions, programmes, content for the website and other channels, including news, events and blog posts.
- Support the comms team in developing narratives, messaging and resources to communicate our methodology for broader public shift and political education.
- Writing, recording, commissioning and designing engaging materials around the programme and supporting their dissemination.
- Support the research team around evaluation and research into somatics and HJL's training.

Personal specification



Knowledge and experience

- 5-7 years experience of designing and leading projects grounded in training, forming networks and supporting communities experiencing marginalisation.
- Experience of building collaborative programmes or networks, particularly holding organisation and logistics responsibility and supporting individuals to participate.
- Knowledge of health and somatic approaches to healing.
- Proven ability to create training curricular; synthesising and adapting ideas from a range of sources and real time analysis into frameworks and resources to support learning and change.
- Exceptional written communication skills, with strong editing and proofreading skills, and excellent attention to detail and accuracy.
- Exceptional verbal and presentational skills and a track record of designing and delivering impactful and effective training and workshops.
- Strong influencing and relationship building skills and established collaborative relationships and networks within the health, healing and social justice fields.
- Strong diplomatic skills, including sensitivity, discretion, and sound judgement.
- Ability to be self-motivated - working on your own or as part of a team and to be proactive and well organised - meeting deadlines and managing multiple priorities.

Values and behaviours

- Anti-oppression values and practices, including anti-racism, anti-ableism, anti-classism, and gender diversity, and recognises the importance of an intersectional abolitionist approach to social and healing justice.



- Commitment to radical dreaming and visioning, joy, art and creativity to practise and rehearse liberation and contribute to collective space for change.
- Ability to reflect and learn, including sharing uncertainties and failures. Commitment to personal learning and creating a learning culture with time for reflection and ability to change course. Openly taking feedback from the team and members of our community on your behaviours and work.
- Emotional intelligence, including a growing ability to empathise with and appreciate others, creating opportunities for those you work with to grow and develop.
- Commitment to building healthy and sustainable practices for yourself and nurturing this in our team by demonstrating self and collective accountability and responsibility in our work environment.

Application and interview process

To apply for this role:

Application is by way of **CV and responses to the following questions** (which should be no more 1,500 words):

1. What excites you about developing and coordinating the Movement Medicine programme at Healing Justice Ldn? What unique skills do you bring to this role?
2. Share an example of a training programme you have built; what did it involve, who was trained, what were the outcomes and what did you learn from the process? What broader strategy was this training program serving? Did it work?
3. What value could politicised somatics bring to movements and communities in the UK? How could this support a broader vision for social transformation?

Our work is rooted in our foundational values of anti-oppression, disability justice, lived experience centred and abolition. We particularly welcome applications from marginalised groups, especially people of colour and other ethnic minorities, people who identify as LGBTQIA, Disabled people, working class folks, and / or those who have been historically excluded. **We invite anyone who does not have lived experience with systems of**



oppression to reflect on their suitability for this role before applying, and to address this in the application if they choose to apply.

If you would prefer, you are welcome to send us a short video or audio file (no longer than 5-8 minutes) in response to the questions above.

In order to ensure we are doing all we can to encourage applications for people of all backgrounds, we need to collect monitoring data. Please complete and return the attached [Equality and Diversity Monitoring Form](#) with your application. Questions are entirely optional and your answers will be treated confidentially and will in no way affect your application.

Applications should be sent to: Khatija Seedat, Head of Operations, HJL:
khatija@healingjusticeldn.org

Dates:

APPLICATION CLOSING: 15 April 2024

INTERVIEWS: First two weeks of May

If you fancy a chat about the role or have any questions about Healing Justice London in general, you can reach out to us via email on info@healingjusticeldn.org, and we'll direct you to the right person in the team.

Accessibility: Please let us know if you have any accessibility requirements which we might need to consider in relation to the selection process. Any requests will not affect the decision making itself. Please let us know if you would like to receive this information in a different format.